



**ALLERGY CARE PLAN**

DOES YOUR CHILD HAVE ANY ALLERGY? IF YES, THIS FORM MUST BE SIGNED BY A PHYSICIAN.

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Child is Allergic to: \_\_\_\_\_

**SIGNS OF AN ALLERGIC REACTION** (Check all that apply)

Mouth/Throat: itching or swelling of the tongue, mouth throat, throat tightness, hoarseness or cough.

Skin: hives, itchy rash, or swelling

Gut: nausea, abdominal cramps, vomiting, diarrhea

Lung: shortness of breath, coughing, wheezing

Heart: pulse is hard to detect, "passing out"

**ACTION FOR MINOR REACTION**

If the only symptom(s) are \_\_\_\_\_, give \_\_\_\_\_

Then call (Parent/Guardian) \_\_\_\_\_ Phone \_\_\_\_\_

**ACTION FOR MAJOR REACTION**

If symptom(s) are \_\_\_\_\_

Give \_\_\_\_\_

Call 911

Call (Parent/Guardian) \_\_\_\_\_ Phone \_\_\_\_\_

**Medication Requirements (Check One)**

No medication required while attending camp. Physician's initials required \_\_\_\_\_

Medication required at camp (bring original prescription labeled with camper's name, birthdate and expiration).

Physician's Name \_\_\_\_\_ Date \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Camp Director's Signature \_\_\_\_\_ Date \_\_\_\_\_